



## MOC Grand Prix Rodolfo Valentine Cup

Arena	<b>Castellaneta – Old Town 03/03/10</b>
Parking	Around the park where the start and finish are.
Start	<b>First start at 16:30 for W21 and M21</b> 1 minute start interval, start with punch.
Classes	M21 – 2,6 Km, 25 controls W21 – 2,6 Km, 25 controls School – 1,1 Km, 10 controls
Water	Finish area after the race.
Map	Scale, 1:2.000, elevation 2,5 m, from 2008 Map printed on a color printer.
Map change	There is a map change after about half the race, 2 boxes (Women/Men) on the ground. Don't forget to punch at the control where the map change is.
Traffic	Limited traffic area. Anyway we recommend to pay attention to means of transport passing through it and to give them obligatory right-of-way.
Terrain	Old town, running shoes.
Controls	Every control is marked with an orange and white flag.
Punching system	SportIdent, check in the start list that you have the correct number. Rental cards are provided at the finish.
Shower / Toilets	No
Opening Ceremony	Song by Nick Manfredi from 16:00
Flower ceremony	17:30 – 6 best in Women and Men
After race	Visit to the museum of Rodolfo Valentino, where it will be a free welcome drink and a aperitif (tarali, olives etc). Directly after flower ceremony.
	Thank you