

Recommended clothes and shoes : long sleeves and trousers recommended (short sleeves possible), orienteering shoes.

Watch out for the traffic : public roads will NOT be CLOSED ! Public transport will only be REDUCED. The Police will guard the main road crossings and stop the cars.

NOTICE : EACH ATHLETE COMPETES AT OWN RISK !

2. Saturday 15th, LONIGO – PWT 2008 FINAL

Centre of race : LONIGO - school + main square / Piazza Garibaldi – start and finish

Time schedule :

7.30 – 9.00	breakfast – place of accommodation
9.00	accompanying public race & schools – first start (runners M21 + W21 who did not make the qualifications for PWT FINAL)
10.30	opening ceremony - welcoming, short speech, national anthem of Italy and flag – raising, introduction 30 women and 30 men
11.01	first start WE
11.30	last start WE
11.50	prize giving ceremony WE – 6 best
12.01	first start ME
12.30	last start ME
12.50	prize giving ceremony ME – 6 best
19.00	dinner = PWT Lonigo Banquet – A great & Fun party with Nicola Manfredi and his band - hotel Corte Quadri

Introduction of runners :

We kindly ask runners to gather for introduction at the podium at 10.30.

Map : Parco Villa San Fermo, 1:4000, E=2,5m, size 35 x 32 cm, waterproof, ISSOM map key

Control descriptions : available 2 minutes before start

Courses : ME – 3,2 km, 18 controls, 130 m climbing, expecting winning time 16 minutes
WE – 2,9 km, 18 controls, 110 m climbing, expecting winning time 16 minutes

Time keeping : SportIdent, starting procedure - “beep” ,finishing procedure – punching SI box. No starting gate and photocells.

Parking : in the town street – local organizers will assist

Warm up : between the school and start

Toilets : in the school

Changing room : in the school

Terrain : 70 % hilly forest, 30 % urban area (town)
Hilly forest (park) with many paths, some bushes, some vineyards, street and towns (flat) paved roads.

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PWT race JURY	Anne – Line BERGLIA Michael THULIN Dusan VYSTAVEL	NOR SWE CZE
Map marker	Francesco BUSELLI	ITA
Course planner	Nicola GIOVANELLI	ITA
Director of race	Robert ZDRAHAL	CZE
Official singer	Nicola MANFREDI	ITA
President of Organizing Committee	Gabriele VIALE	ITA

Gabriele Viale and his “LA GRANDE SQUADRA”



LONIGO / VILLA SAN FERMO / DETAIL

Sample of map – detail : in Saturday s race in Lonigo there are a special place. Entrance/Exit to Villa San Fermo (castle). This place is runnable in two levels. Lower level is entrance/exit to the castle (way from south to north) – using the stairs. Upper level (way from west to east) is paved road runnable through bridge.

Courses Alonte

class	length	climb	controls
M21	2,6	80	17
W21	2,1	50	15
MW12-15	1,2	15	10
M16-20	2	70	14
M35	2	70	14
M45	1,9	50	13
W35	1,9	50	13
W16-20	1,9	50	13
M55	1,6	25	14
M65	1,6	25	14
W45	1,6	25	14
W55	1,6	25	14
Scuole	0,9	10	8

Courses Lonigo

ME	3,2	130	18
WE	2,9	110	18
MW12-14	2	40	13
Scuole A	0,6	5	5
Scuole B	0,7	5	6
M35	2,8	115	17
M16-20	2,8	115	17
M21	2,8	115	17
M45	2,3	50	16
W21	2,3	50	16
W35	2,3	50	16
W16-20	2,3	50	16
M55	2,1	50	17
M65	2,1	50	17
W45	2,1	50	17
W55	2,1	50	17