

# MEDITERRANEAN OPEN CHAMPIONSHIP ORIENTEERING

13th edition March 3rd - 12th 2017

Nick Manfredi, Orienteering star singer, turns 70 in 2017!  
PWT would like to celebrate him by organizing an orienteering event  
**START TO DREAM** and birthday party in his birthplace "SAVELLI".

ROMA - CASERTA - NAPLES - ISCHIA - CAPRI - POMPEI  
SORRENTO - AMALFI - PAESTUM - AGROPOLI - SAVELLI

Daniel Hubmann  
5 times World Champion

Nick Manfredi:  
"You! You and me!  
I feel so free  
when I run orienteering."



[www.orienteering.it](http://www.orienteering.it) - [www.pwt.no](http://www.pwt.no)



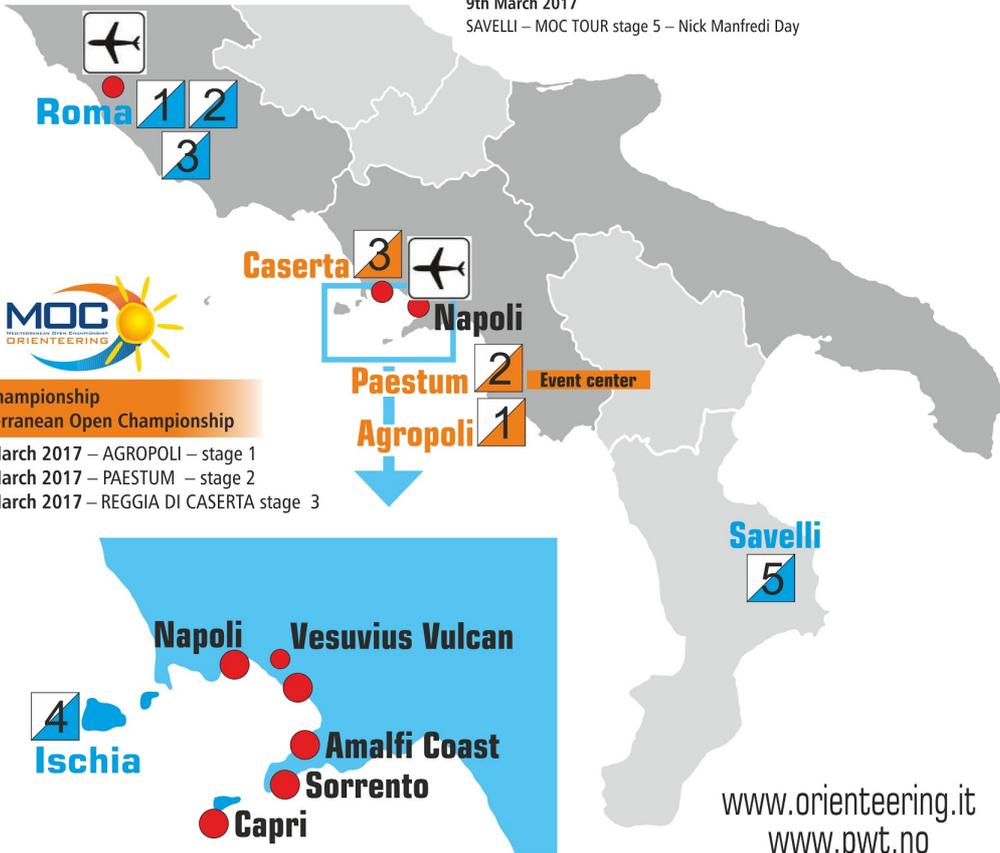


# MOC TOUR 2017 AREA MAP



## PRELIMINARY PROGRAM MOC Tour and MOC Camp

- 3rd March 2017  
ROMA - MOC TOUR stage 1
- 4th March 2017  
ROMA - MOC TOUR stage 2
- 5th March 2017  
ROMA - MOC TOUR stage 3 - afternoon: sightseeing NAPLES
- 6th March 2017  
free time in SORRENTO or sightseeing VESUVIUS Vulcan and POMPEI
- 7th March 2017  
ISCHIA - MOC TOUR stage 4 and sightseeing the Island
- 8th March 2017  
sightseeing CAPRI and AMALFI Coast
- 9th March 2017  
SAVELLI - MOC TOUR stage 5 - Nick Manfredi Day



**Moc Championship  
Mediterranean Open Championship**

- 10th March 2017 - AGROPOLI - stage 1
- 11th March 2017 - PAESTUM - stage 2
- 12th March 2017 - REGGIA DI CASERTA stage 3

[www.orienteering.it](http://www.orienteering.it)  
[www.pwt.no](http://www.pwt.no)

BIB numbers for Rome events will be give out in the hotels on 2nd march by the PWT leaders.

To reach the races, PWT Team leaders will walk with you to the race arenas.

Organisers of OriSpring prepared a game called PhotOrienteering, based on Orienteering maps, which cost 4€, you can buy them at our hotels, ask to the team leaders. If you take the photo of the Vatican, this will be valid as a stamp on O-passport!

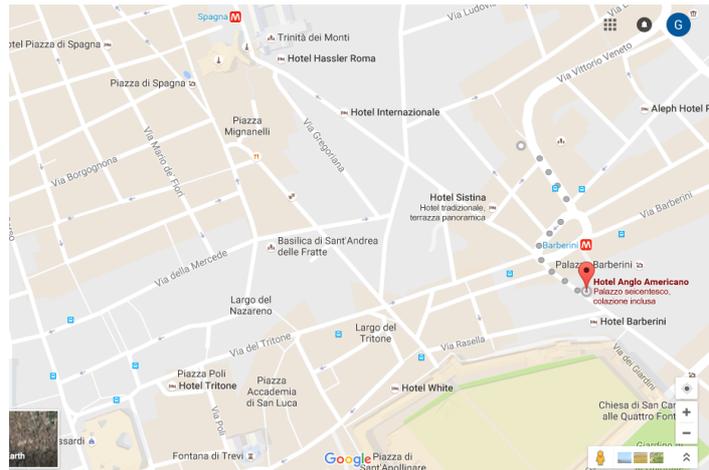
## Friday 3rd March MOC TOUR stage 1 Villa Borghese, Roma

### Race info

First start in the afternoon at 15.30.

### Map

scale: 1:5000 - contours: 2,5m  
symbols: ISSOM 2007  
mapper: Remo Madella (february 2010)  
national omologation: CS0710 on 16/03/2010



### Courses

"Spriddle" race: winners time 20/25 minutes.

Courses length and climb will be published before the entry deadline expires.

Course setter: Remo Madella  
Controller: Leonardo Mariani

### Terrain

City park, open pine forest (very high visibility). Almost flat area. Dense paved roads network.



### **INFO VILLA BORGHESE**

Villa Borghese is the third biggest park of Rome, from where you can see Rome from above. It contains italian and english gardens, fountains, small temples, small lakes.



# Saturday 4th March - MOC TOUR stage 2 - Garbatella, Roma

Garbatella is a quarter of Rome, in the south-east area. It is very technical for an orienteering race.

## Race info

First start in the afternoon at 14.00.

## Map

scale: 1:4000 - contours: 2m

symbols: ISSOM 2007

mapper: Remo Madella (december 2014)

national omologation: CS0529 on 22/10/2015

## Courses

Middle race: winners time 30/35 minutes.

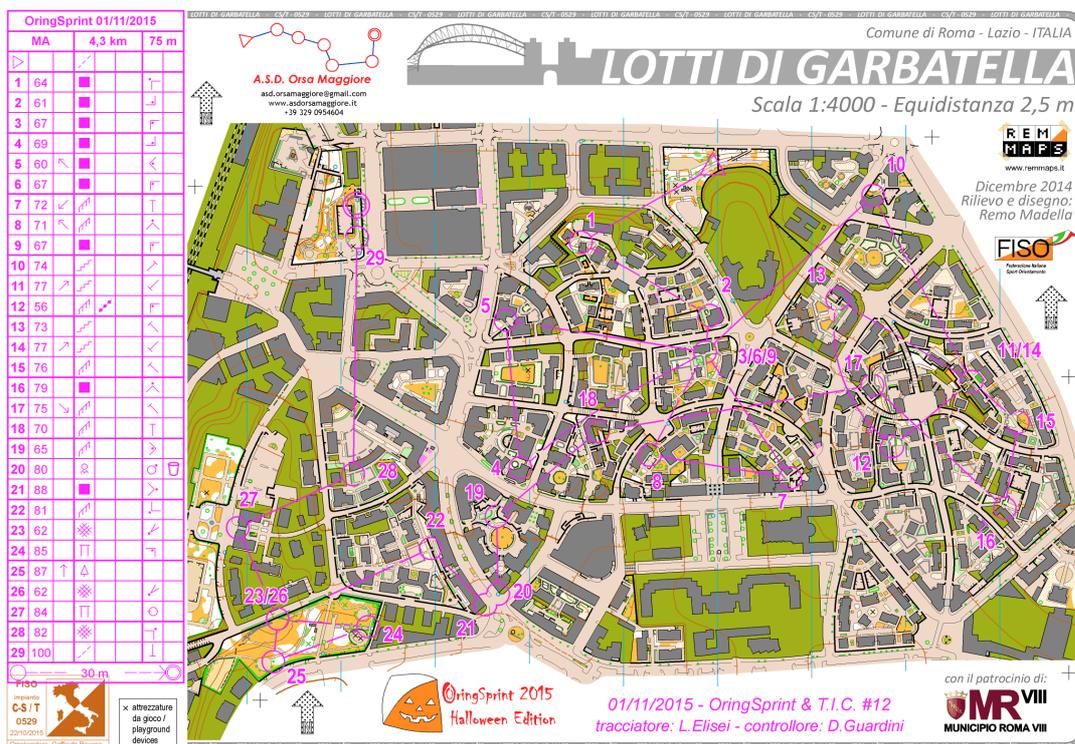
Courses length and climb will be published before the entry deadline expires.

Course setter: Leonardo Mariani

Controller: Stefano Zarfati

## Terrain

Unique urban area split in blocks, with flowerbeds and gardens. Moderate climb.



## **Sunday 5th March Roma - MOC TOUR stage 3 - San Gregorio da Sassola, Roma**

### **Program of the day**

08.00 Departure of the PWT buses after breakfast to the assembly area. Remind to check out and take all your luggage with you! After the race we will move to Naples and Sorrento.

13.00 Departure to Naples.

16.00 Arrival in Naples, 2 hours guided tour (see some info below)

18.30 Bus departure from Naples to Sorrento and check in the hotels.

20.15 Departure by foot from the hotels to the restaurant in Sorrento for the welcome dinner (see below the menu). Follow the PWT leaders from the hotels!

### **Race info**

Assembly area: Brancaccio Castle on Piazza Brancaccio

First/last start: 9.30 - 11.00

Prize giving: 12.30

### **Map**

scale: 1:4000 - contours: 2,5m

symbols: ISSOM 2007

mapper: Emiliano Corona (june 2011)

national omologation: CS0778 on 30/06/2011

Thanks to Corsaorientamento Club Roma ASD for granting the use of the map.

### **Courses**

Sprint race: winners time 12/18 minutes.

Courses length and climb will be published before the entry deadline expires.

Course setter: Luca Elisei

Controller: Daniele Guardini

### **Terrain**

Urban area with parks and gardens.

Moderate climb, steep stairways at times.

### **Lunch**

there are possibilities of buying lunch in the area, better to book before.

Lunch inside Brancaccio Castle. The full board is 13€ and half board is 9€. The menu will be the following: pasta all'arrabbiata (spicy), sausage and beans, salad, apple or other fruit, 1/2L water and a glass of wine. (there are no other options in the little city, just one small pizzeria and a bar, not ready for 200+ people of course).

## **INFO ABOUT NAPLES:**

*Naples is:*

- *The city where PIZZA was invented, and where the Margherita was named*
- *The third most populated Italian city, and it hosts the international airport called "Capodichino"*
- *The city of Naples Football team, in which Maradona played*
- *UNESCO site (its historical centre)*
- *the location of one of the oldest Universities in the World*
- *the capital of the Kingdom of the Two Sicilies*



*According to popular tradition, in 1889, 28 years after the unification of Italy, during a visit to Naples of Queen Margherita of Savoy, wife of King Umberto I, chef Raffaele Esposito of Pizzeria Brandi and his wife created a pizza resembling the colors of the Italian flag, red (tomato), white (mozzarella) and green (basil). They named it after the Queen - Pizza Margherita.*

*Naples is the third most populated city in Italy, with almost 1 million people living there. Napoli also hosts the international airport called "Capodichino", and one of the largest seaports of Italy.*

*Do you remember the legendary Naples football player Diego Maradona? He was the man who could give a worldwide renown to Naples and to the soccer team, the S.S.C.Napoli. This club, founded in 1926, had never won any Italian Championship. Thanks to Maradona, Naples won the Italian League in 1987 and 1990, and UEFA Cup in 1989.*

*The historical centre of Naples is UNESCO heritage site since 1995. Its narrow alleyways lead to mysterious churches, catacombs and underground caves. Until today, Naples's old folk culture reveals itself to the visitor among craftspeople, fluttering laundry and shouting fish sellers. You'll be amazed!*

*The University of Naples Federico II was founded in 1224 and it is among the oldest universities in the world.*

*The Kingdom of Naples, also called the Kingdom of the Two Sicilies was the largest of the states of Italy before the Italian unification.*

*The Kingdom of the Two Sicilies lasted from 1815 until 1860, when it was annexed by the Kingdom of Sardinia to form the Kingdom of Italy in 1861. The capitals of the Two Sicilies were in Naples and in Palermo. The kingdom extended over the southern part of mainland Italy and the island of Sicily.*

*The name "Two Sicilies" originated from the division of the medieval Kingdom of Sicily. Around 1300, the King of Sicily lost the island of Sicily (also called Trinacria) to the Crown of Aragon, but remained ruler over the peninsular part of the realm. Although his territory became known as the Kingdom of Naples, he and his successors never gave up the title of "King of Sicily" and they officially referred to their realm as the "Kingdom of Sicily". At the same time, the Aragonese rulers of the island of Sicily called their realm the "Kingdom of Sicily" as well. Thus, formally, there were two kingdoms calling themselves "Sicily" hence, the Two Sicilies.*

*Between 1816 and 1848, the island of Sicily experienced three popular revolts against Bourbon rule, including the revolution of independence of 1848, when the island was fully independent of Bourbon control for 16 months.*

*In 1860 Sicily was invaded by a corps of volunteers, led by Giuseppe Garibaldi from the Kingdom of Sardinia. They successfully conquered the Kingdom of the Two Sicilies, and incorporated its territory into the new Kingdom of Italy.*

## SORRENTO DINNER MENU:

Sorrento appetizer (mozzarella and tomatoes, bruschetta, stuffed-pumpkin flowers, grilled vegetables) - Trofiette (short typical pasta) with eggplants and Provola cheese - Risotto with Sicilian shrimps and zucchinis - Grilled pork fillet Filetto with tasty herbs or grilled beef (sliced) with rocket salad, cherry tomatoes and Grana cheese flakes - Baked potatoes and seasonal vegetables - Lemon dessert - Mineral water, 1/3L house wine

“Where the sea sparkles” is the translation of the worldwide famous song's title: “Caruso/Qui dove il mare luccica”, written by Lucio Dalla in Sorrento. Indeed, he stayed in the same room where the tenor Caruso was hosted. Enrico Caruso, born in Naples 1873- dead 1921, was an Italian operatic tenor, worldwide know, with an exceptionally beautiful voice, he was the first singer to record on a disc! Lyrics below:

*Qui dove il mare luccica  
E tira forte il vento  
Sulla vecchia terrazza  
Davanti al golfo di Sorrento  
Un uomo abbraccia una ragazza  
Dopo che aveva pianto  
Poi si schiarisce la voce  
E ricomincia il canto  
Te voglio bene assai  
Ma tanto tanto bene sai  
È una cantena ormai  
Che scioglie i sangue dint'e vene sai  
Vide le luci in mezzo al mare  
Pensò alle notti là in America  
Ma erano solo le lampare  
E la bianca scia di un'elica  
Sentì il dolore nella musica  
E si alzò dal pianoforte ma quando vide uscire  
La luna da una nuvola  
Gli sembrò più dolce anche la morte  
Guardo negli occhi la ragazza  
Quegli occhi verdi come il mare  
Poi all'improvviso uscì una lacrima  
E lui credette di affogare*



*Te voglio bene assai  
Ma tanto tanto bene sai  
È una cantena ormai  
Che scioglie i sangue dint'e vene sai  
Potenza della lirica  
Dove ogni dramma un falso  
Che con un po' di trucco e con la mimica  
Puoi diventare un altro  
Ma due occhi che ti guardano  
Così vicini e veri  
Ti fan scordare le parole  
Confondono i pensieri  
Così diventa tutto piccolo  
Anche le notti là in America  
Ti volti e vedi la tua vita  
Dietro la scia di un'elica  
Ma sì la vita che finisce  
E non ci penso poi tanto  
Anzi si sentiva già felice  
E ricomincio il suo canto  
Te voglio bene assai  
Ma tanto tanto bene sai  
È una cantena ormai  
Che scioglie i sangue dint'e vene sai*

## Monday 6th March - free day Capri and Sorrento

### Program of the day:

06.30 Breakfast

07.00 Walking from the hotels to Sorrento harbour, (20 minutes walking).

07.45 Ferry from Sorrento to Capri.

08.35 Arrival in Capri.

Then buses from Capri harbour to the central square of Capri, guided tour.

Free time for lunch in Capri.

From 12.30-12.45 bus transfer from main square of Capri to Capri harbour

13.30 ferry from Capri to Sorrento

14.15 Arrival in Sorrento. From here, we will go with the smaller buses for a tour on the Amalfi coast -Positano town and then we will return to hotel in Sorrento

Free time for dinner in Sorrento.

The Island of Capri is mainly famous for its landscapes. Indeed, some of the main features of the island include the following: the Marina Piccola (the little harbour), the Belvedere of Tragara (a high panoramic promenade lined with villas), the limestone crags called sea stacks that project above the sea (the *Faraglioni*), the town of Anacapri, the blue Grotto (*Grotta Azzurra*), and the ruins of the Imperial Roman villas. Capri is also where the delicious *limoncello* is produced! Limoncello is an alcoholic drink made from the lemons of Capri, which also decorate the Island.



## Tuesday 7th March - Ischia MOC TOUR stage 4

### Program of the day

06.00 Bus departure from Sorrento to the ferry (Pozzuoli); 06.00

08.00 Arrival at Ischia port.

The buses will not proceed on the ferry! Don't leave anything on the buses!

08.15 Ferry from Napoli

09.20 Arrival at Ischia Port.

The buses will take us at 700m from the assembly area of the race.

11.00 First start

12.30-13.00 We will walk to the restaurant "L'innominato", in which we will have lunch (600m, see menu below)

15.00 departure from the restaurant with the buses, for the guided tour to Barano/Buonopane/Serrara Fontana.

Short stop for a walk in the centre of Forio d'Ischia.

Continue to Lacco Ameno/Casamicciola and then Ischia Port.

19.25 Departure of the ferry from Ischia to Napoli with Caremar ferry.

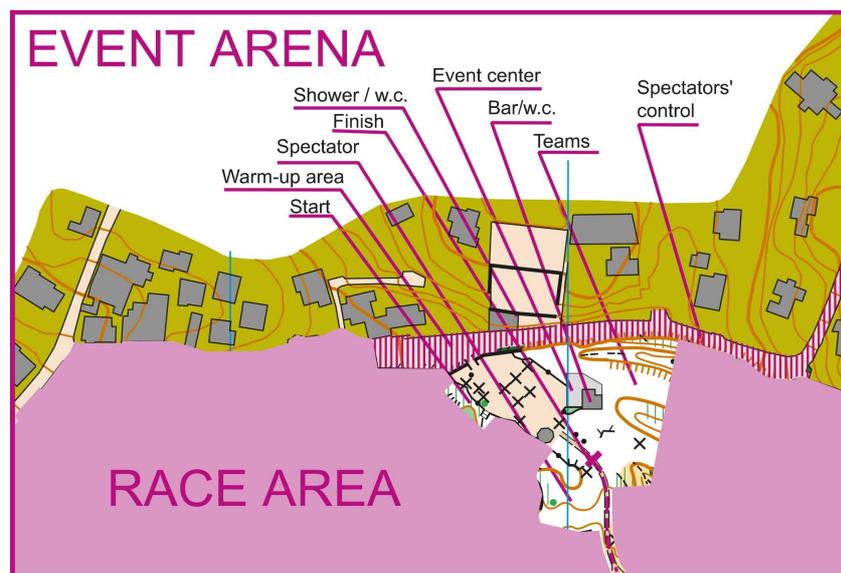
At Ischia port you will get the packet-dinner (if you have ordered and pay before Sunday 5th March, see more info below)

### Race info:

Terrain: Volcanic crater with mixed terrain: holm oaks on stone-terrain and low vegetation, pine forest with great runnability and visibility. Many volcanic rocks with "smoke". Be careful with the holes in the terrain/stones!



Toilets: yes, 2 at the bar of the Event centre. The bar is also open for coffee, cappuccino, water, beer, and fruit juices.



The MOC TOUR will see an orienteering race for the very first time ever on this Island! The race will take place on 7th March 2017.

Ischia is a beautiful island, famous for its clear waters, the tourism shores and the nice little shops along the promenade.

Many important people are connected to Ischia, for example:

- In May 1948, W.H. Auden wrote his poem "In Praise of Limesone" here;
  - In 1948, American author Truman Capote stayed here, and he wrote an essay about his stay;
  - Norwegian playwright Henrik Ibsen lived on the island and is said to have finished Peer Gynt at Ischia in 1867
  - The Movie "Cleopatra" (1963), starring Elizabeth Taylor, was partly filmed on the island.
- Many VIP people choose these islands for their holidays, for example Madonna, Sophia Loren, Elton John, Eddi Murphy, Nicolas Cage, Mariah Carey, Roger Federer, Giorgio Armani, Naomi Campbell, Dolce&Gabbana, Michael Douglas, Katherine Zeta Jones, Valentino, Tom Cruise...



#### **INNOMINATO RESTAURANT LUNCH MENU:**

First course: Pennette pasta with rabbit bolognaise

Second course: Rabbit Ischia style

Bread, water, and one wine bottle every 4 people

Any extra will be at your charge, to be paid directly to the restaurant.

During the lunch, live performance of Nick Manfredi and Sandokan!

#### **PACKED DINNER MENU (to be booked before)**

Menu of the packed lunch Ischia: 2 options - with meat or vegetarian

Sandwich made with typical bread (cooked as the tradition in wood ovens, it comes in a piece of 1kg which will be divided in 4 pieces)

2 clementines

Water 1,5L

4 typical biscuits made with almonds in the local patisserie.

## Wednesday 8th March - free day in Sorrento

### Program of the day:

Remind that today we check out from the hotel!

08.45 Bused departure to Pompeii. Possibility to visit Pompeii Archeological Park by yourself or with guided tour (tickets and guides are optional). Tickets to enter Pompeii: 11€. See some info below.

Free time for lunch in Pompeii town

14.00 Bus transfer to Vesuvius Vulcan top. To reach the crater, there is an additional ticket to pay (the last track of 700m).

17.00 Bus departure from Vesuvius to Paestum/Agropoli

18.30 Check in the hotels

20.00 Dinner in the hotel del Mare for its guests, dinner in MEC Paestum hotel for MEC Paestum and Cerere guests.

### INFO ABOUT VESUVIUS AND POMPEII

*The Vesuvius Vulcan, still active, is part of the characteristic Naples skyline.*

*The incredible crater (Gran Cono) of the Vesuvius of nowadays has a diameter of 700m, a circumference of 12km and is 200m deep.*

*The Mount Vesuvius is 1182m high and has been sleeping since 1944.*

*Very close to Naples, there is the Archeological site of Pompeii. The ancient pagan city is famous because of the eruption of Vesuvius in 79 AD that completely covered it with ash. The casts of the people who died there now represent a tragic testimony to the catastrophe, while the countless discoveries of paintings, pottery, ornaments and various tools help you understand the habits and customs of ancient Pompeii and constitute a complete and living testimony of the society and of daily life at a specific time in the past. A visit to this archaeological site of a distant world that vanished long ago will no doubt convey extraordinary genuine emotions.*



### INFO ABOUT AGROPOLI

Agropoli is a town on the Tyrrhenian seaside, 1,5h driving south of Naples. It is partly located on the hill, with a wonderful seaview. The historical centre is nice and cozy, with narrow streets and spectacular views, and one of the main sights is the Aragonese castle.

In Agropoli there is a local active orienteering club, called AOK (Agropoli Orienteering Klubb), whose President is Mr Davide Pecora, and which cooperate in the technical organisation of MOC - Mediterranean Open Championship Orienteering 2017. AOK has 22 members, it develops orienteering in the local schools, and its members take part in the main Italian orienteering races.



## Thursday 9th March Savelli - MOC TOUR Stage 5

### NICK MANFREDI DAY

#### Program of the day

From 05.00 breakfast in the hotels (can be packed breakfast, to be confirmed)

05.30 Departure of the buses from Agropoli to Savelli, with one stop on the way

10.30 Arrival in Savelli

11.30 First start, about 12.30 finish

From 13.00 Restaurants open for lunch

We will divide in 4 restaurants. The first 50 people to finish will be moved by bus to the first restaurant which is just outside Savelli.

The other people will stay in 3 restaurants in Savelli. You will be given a pass, to give to the restaurant in order to have the lunch.

Lunch menu (each restaurant will serve the same):

Appetizers, bread and olive oil, typical Savelli pasta, typical Savelli soup, vegetables, fruit, water, ¼ wine per person.

15.30 Nick Manfredi show and prize giving ceremony (in the school)

17.00 Departure of the buses from Savelli to hotels, with one stop on the way. You will receive a packed dinner, (delivered at lunch)

22.30 Estimated arrival time in Agropoli

#### **INFO ABOUT SAVELLI**

“Savelli is the most complex town I ever mapped, even more complex than Matera” said Claes Nideborn

“Savelli is the most complex town I ever mapped, even more complex than the Matera map I updated for the final race of MOC 2013” said Claes Nideborn – “There are so many streets, lanes and stairs in such a small area, as you can see from the sample. Because Savelli map gives a lot of micro route choices it permits to prepare highly technical courses”

Claes Nideborn, Swedish from Borlänge, orienteer and mapmaker nowadays for hobby, with more 150 maps done, is the appointed mapmaker for mapping Savelli (Calabria), where one special stage of MOC tour 2017 will take part. MOC tour will be hosted in south Italy with other stages in Rome, Ischia, Agropoli, Paestum and Reggio di Caserta plus other sightseeing in Naples, Capri, Sorrento, Pompei and Amalfi coast. Savelli in fact is the birthplace of Nicola Nick Manfredi, who with “You and Me” song became the singer of the orienteering world. Nick will turn 70 years old next year, and all PWT friends wish to celebrate him with an orienteering race in Savelli on 9th March 2017.

Claes Nideborn explained how he has been planning the mapping work in Savelli: “I got a rather good basic map from the community to start with. At home I used Google street view a lot, in order to prepare the base map as much as possible. In the end of September I went to Savelli for three days field work and after 45 hours work in computer map was clear for a first trail print. I am very serious when I am mapping and I would say that this was the best high quality map that I have ever done. I decided to do this for one of my best friend Nick Manfredi and because I like the pioneering spirit of the PWT team.”

Savelli is quite an old village (founded in 1638). Between the World War II and the 1960s more than 7.000 inhabitants emigrated and now only 1.000 people live in the town.

Nideborn concluded: “During the last years many houses in Savelli were renovated, so now there is a combination of old and new buildings. The village is very clean, well kept and local people were curious about my job, probably they still don't understand orienteering sport yet, but they are really waiting this special event dedicated to their fellow citizen Nicola Manfredi”.

Terrain: urban

Dressing rooms and toilets: in the school

## **Friday 10th March - Agropoli - MOC Championship stage 1**

### **Program of the day:**

In the morning: free time. Possibility to enjoy the beach!

Free time for lunch

16.00 Bus transfer from hotels to Event centre in Agropoli

17.30 Opening ceremony in Agropoli centre

18.30 First start (We suggest you to bring the headlamp)

Just after the competition, prize ceremony of First stage MOC Championship 2017

20.15 (about) Bus departure to hotels for dinner (dinner in hotel del Mare for Hotel del Mare guests, dinner in MEC Paestum hotel for MEC Paestum and Cerere guests)

## **Saturday 11th March - Paestum MOC Championship stage 2**

### **Program of the day:**

08.30 Bus departure from the hotels to Paestum Archeological Park (10minutes driving)

10.00 First start

12.45 Prize giving ceremony

After, transfer for lunch in "Tempio" for who has book the lunch (see menu below). For all the others, free time for lunch around the finish area

16.00 Bus departure to hotels and free time

19.45 Bus departure from Hotel Cerere and Hotel del Mare to MOC Banquet in MEC Paestum hotel

20.00 MOC Banquet

22.00 First bus departure to hotels del Mare and Cerere

23.00 Second bus departure to hotels del Mare and Cerere

## INFO ABOUT PAESTUM ARCHEOLOGICAL PARK

### Stage 2 inside a UNESCO site

#### A unique opportunity to run in the Archeological Park of Paestum

Paestum Archeological Park - Why is it so important?

MOC Championship 2017 offers the extraordinary opportunity to run in UNESCO sites, among which the Archeological Park of Paestum.



Paestum was a major ancient Greek city on the coast of the Tyrrhenian Sea in Magna Grecia (southern Italy). The ruins of Paestum are famous for their three ancient Greek temples in the Doric order, dating from about 600 to 450 BC, which are in a very good state of preservation. The city walls and amphitheatre are largely intact, and the bottom of the walls of many other structures remain, as well as paved roads. The site is open to the public, and there is a modern national museum within it.

After its foundation by Greek colonists under the name of Poseidonia, it was eventually conquered by the local Lucanians and later the Romans. The Lucanians renamed it to Paistos and the Romans gave the city its current name.

Pietro Summonte, in 1524, correctly identified the three Doric temples as such, but the ruins only came to wide notice again in the 18th century, following the rediscovery of the Roman cities of Pompeii and Herculaneum, and the construction of a new coastal road south from Naples. After a complicated start, the rediscovery of the three

relatively easily accessible, and early, Greek temples created huge interest throughout Europe. These were dedicated to Hera, Athena and Poseidon (Juno, Minerva and Neptune) to the Romans)



The whole ancient city of Paestum covers an area of approximately 120 hectares. It is only the 25 hectares that contain the three main temples and the other main buildings that has been excavated. The other 95 hectares remain on private land and have not been excavated. The city is surrounded by defensive walls that still stand. The walls are approximately 4750 m long, 5 – 7 m thick and 15 m high. Positioned along the wall are 24 square and round towers. There may have been up to 28 but some of them were destroyed during the construction of a highway in the 18th century that effectively cuts the site in

two.

Today the remains of the city are found in the modern frazione of Paestum, which is part of the comune of Capaccio in the Province of Salerno, Campania, Italy. The modern settlement, directly to the south of the archaeological site, is a popular seaside resort, with long sandy beaches.

The Park is a UNESCO site since 1998, and it is part of the "Cilento and Vallo di Diano National Park with the Archeological sites of Paestum and Velia, and the Certosa di Padula"



### Restaurant Il Tempio

**(lunch) - MENU:**

2 fresh mozzarellas + 1 ricotta cheese + other cheeses + selection of cold cuts + bread + water + 1 dessert: cannolo with fresh sweet ricotta cheese + 1 wine bottle every 4 people + guided tour on the farm/factory, from the milking to the mozzarella cheese production.  
Price 16€ per person, to be booked until the day before. Please inform about intolerances/food special needs.

**MOC Banquet**

MOC Banquet will take place in MEC Paestum hotel. Round tables will be arranged, following the best Italian tradition for the banquets, and the dinner will consist of Italian delicious food combined with renowned wines. The atmosphere will be gladdened by one of the most qualified piano players of all Italy, Mr Norberto Tronca. A music Professor, also arranger, who nowadays only plays to amuse his friends.



In this occasion, Nick Manfredi will perform live the song "You and me", and special awards will be given to the Orienteering World legends taking part in MOC - Mediterranean Open Championship Orienteering 2017.

**MOC Banquet - MENU:**

Selection of appetizers with cheese products, 1 first course 1 second course, dessert.

**Sunday 12th March - Reggia di Caserta****MOC Championship stage 3 (final)**

Remind to check out in the morning! We will move to Rome after Caserta.

**Program of the day:**

07.00 Bus departure to Caserta

The buses will drop off the people 400m from assembly area

10.30 First start in Reggia di Caserta Park

12.30 Prize giving

From 13.00 Lunch at the Reggia. From assembly area to lunch area (inside Reggia di Caserta Residence building) there are 2km walking through the park, there is the Reggia di Caserta shuttle bus service for 2,5€. You will be given a ticket to show for the buffet lunch. There are maximum 110 seats in the lunch room, so we will make or 2 turns or small groups turns, taking the free tables of who have already eaten (to be organised on the day). The lunch ticket has to be given at the cashier.

15.30 Bus departure from Caserta

15.45 Short stop in Marcianise (see program below)

16.45 Bus departure to Rome

19.45 Arrival to Rome/Fiumicino hotel with possibility of dinner if booked beforehand, price about 20€

### **INFO ABOUT REGGIA DI CASERTA**

The final of MOC - Mediterranean Open Championship Orienteering 2017 will be held in a Royal Residence. Actually, the biggest Royal Residence in the World: Caserta!

Some hints? There you go:

UNESCO site since 1997, the Caserta Royal Residence includes the residence and its huge park. It was constructed for the Bourbon, kings of Naples, and the works begun in 1752.

The park, in typical baroque style, covers 12h ha. It is partly hilly but mainly flat. It contains different areas, among which the "English Garden". There are many fountains and cascades, each one filling a basin, with architecture and hydraulics by Luigi Vanvitelli, taking place in a straight canal that runs from the hill towards the Royal Residence. How to bring water for such a long way inland? With the Aqueduct of Vanvitelli (or Caroline Aqueduct), which carries water along a winding 38km route, mostly underground. It was build between 1753 and 1770, and it works perfectly without electricity!



It served also for the silk factory nearby, and for the experimentation of new techniques for the cultivation of exotic plants.

The palace served as location for great films, such as Star Wars, Episodes I and II, and Mission: Impossible III, in this last film a Lamborghini was blown up in a square inside the palace.

### **WWF OASIS**

The final race of MOC - Mediterranean Open Championship Orienteering 2017 will be held in the Park of the Royal Residence of Caserta. Actually, it will be held in 2 different areas: one is the forest of San Silvestro, now a WWF Oasis called "La Ghiandaia", and the other is the Park of the Royal Residence, with all its beautiful fountains and paths.

While the park is all flat, the forest is hilly and covered by trees. In the past it used to be the hunting forest of the King. For some time afterwards it served for other purposes, and in the end it was abandoned, until 1993, when it was entrusted to WWF and then rescued.

### **INFO MARCIANISE short tour:**

We will have a tour combining art and local products tastings. We will visit Annunciata Church, built in the X century, which is an expression of Renaissance time with many art masterpieces. Its towerbell in tuff stone is beautiful. After this, we will enjoy a selection of local products, offered by the municipality

### **Monday 13th - March Rome**

In Rome (Fiumicino) we will stay in Airport hotel. For big groups of people going to Fiumicino, we will organise a PWT bus. For small groups and individuals, there is the hotel shuttle bus going every 40 minutes.

More info will be given later.

***STAY WITH US AND...FOLLOW THE SUN!***