



## Gargano-Apulia-Italy - 3<sup>rd</sup> Edition of the Five Days of Puglia (Apulia)

A magical place in southern Italy located in the middle of the forest of secular beech-trees and along the most beautiful

part of the Mediterranean sea. In 20 minutes by car you go from the mountains (900 m) to the sea. The area is punctuated with enchanting old city centres with very narrow streets offering a exciting labyrinth for the orienteer.

The Five Days of Puglia 2010 will involve you in a great orienteering experience, where you will feel the protagonist in the same maps that in the last 2 years have been tested by the major world specialists: Thierry Gueorgiou, Daniel

Hubmann, Martin Johansson, Fabian Hertner, Mats Haldin, and Simone Niggli, Minna Kauppi, Dana Broskova, Helena Jansson and many other athletes.

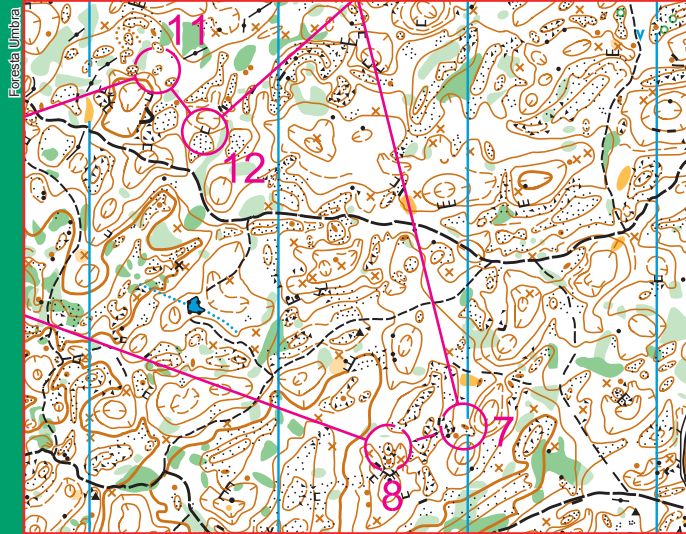
You'll enjoy the excellence of Puglia gastronomy, thanks to the Pasta Parties and the Wine-Tasting organised after the races. And why not? And don't forget to have a swim in the still warm sea of Puglia.

And if you're not an orienteer, you can participate in Trekking/Nordic walking, arranged especially for the occasion.

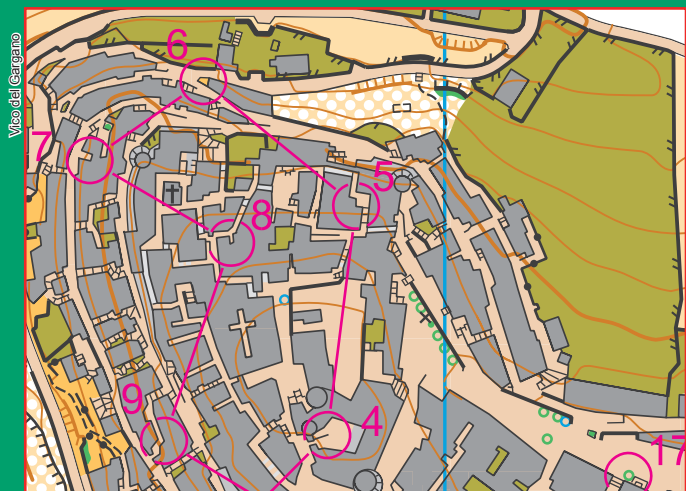
For more info: [www.orienteering.it](http://www.orienteering.it)



© Puglia 5 Days, 2010



Foresta Umbra



Vico del Gargano

# Five Days



# 2010



**2 DAYS  
OF FOREST  
+ 3 DAYS  
OF CITIES  
OCTOBER  
4th to 8th**

**FUN, SUN, ORIENTEERING  
& NORDIC WALKING**

**LOW COST FLIGHTS  
FROM UNITED KINGDOM  
TO SOUTH ITALY**

### PESCARA

**Ryanair:** Londra-Stansted - Pescara

### NAPLES

**Easyjet:** Liverpool - Naples

### BARI

**Ryanair:** Londra-Stansted - Bari Palese

**Airberlin:** Londra-Stansted - Bari Palese

**British Airways:** Londra-Gatwick - Bari Palese



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