

Bulletin 1, 15.12.2017

## Five + five days - Vasto 2018



Five + five days in 2018 will take place in the extraordinary region of Abruzzo.

Abruzzo is divided into a mountainous area to the west, which includes the famous Gran Sasso d'Italia mount (literally "Great Rock of Italy"), 2812m high, and a coastal area to the east with beaches on the Adriatic Sea.

There are big and notorious cities like Pescara, L'Aquila, and Chieti.

The Event centre of Five + five days 2018 will be in Vasto, on the beach side.

2 weeks of orienteering holiday, with 5 races per week in historical centres/in the beautiful forests of Abruzzo/in a city park (mainly sprint and middle distances).

On each week the first race will be held on Monday evening (1st and 8th October) and it will be a night sprint in the town of Vasto.

First week from Saturday 29/09 to Saturday 06/10

Second week from Saturday 06/10 to Saturday 13/10.

**Limited entries number: maximum 300 people per week!**



Accommodation (price per week per person):

**4 stars hotels (47 rooms available and 26 apartments/rooms)**

<http://hotelexcelsiorvasto.eglob.agency/>

565€/ 7 nights in hotel with half board HB, including 1/4 wine and 1/2 water, sharing a double room. Own beach.

Extra single room: 210 euro/week

0-2 years old: free

3-13 years old: -40% on the package, if they stay in the same room of 2 parents.

No other reductions included.

**3 stars hotels (52 rooms available and 27 residence)**

<http://www.hotel-acquario.it/>

530€/ 7 nights in hotel with half board HB, including 1/4 wine and 1/2 water, sharing a double room. Own beach.

Extra single room: 210 euro/week

0-2 years old: free

3-14 years old: -40% on the package, if they stay in the same room of 2 parents.

15-18 y.o.: 25% discount

Reduction adult 3<sup>rd</sup> bed: -10%

Reduction adult 4<sup>th</sup> bed: -20%

Link for accommodation booking:

[http://www.orienteeing.it/accomodation.php?subsite=n151217\\_091820](http://www.orienteeing.it/accomodation.php?subsite=n151217_091820)

**BUS**

Bus tickets from event centre/hotels to races: 60 euro/week/person. Under 17 y.o.: 30 euro

**It is excluded from the package:**

- flight tickets

- transfer from /to airport to event centre. We can offer this service and price depending on the number of people to be picked up.

There is also a public bus connection from Roma Fiumicino to Vasto and return at least 5 times/day

**Entry fee for the races:**

**You can enter the races only if you book accommodation through us!**

Within 31<sup>st</sup> January 2018: 110€

Within 31<sup>st</sup> May 2018: 130€

Within 15<sup>th</sup> August 2018: 150€

16<sup>th</sup> August – 15<sup>th</sup> September: 180€

Under 21 years old: -50%

Under 13 years old: 30€

**Five+Five**  
Vasto  
**2018**

Tourist fee (non runners): 30€

Direct course\*: 25€/race for +21 years old

15€/race for 13-20 years old

7€/race for those under 13 years old

For those joining 2 weeks, the second week entry fee is discounted -50%

\*Direct course: entry on the day and not included in total 5-days result.

Registration at: [http://www.orienteering.it/race\\_subscription.php?subsite=n151217\\_091820](http://www.orienteering.it/race_subscription.php?subsite=n151217_091820)

The 5-days entry fee includes: 1 music party per week, 1 wine/food tasting per week, 1 official gadget, 5 orienteering races.

The official gadget of the event will be given only to those entering before 15th Sept.

**Categories:**

Kids course, MW12, MW14, MW16, MW20, MW21, MW40, MW50, MW60, MW65, MW70, MW75, MW80,

**Open short** (good for beginners, men and women in the same category),

**Open Middle** (as W50/M60, men and women in the same category),

**Open long** (as MW40, men and women in the same category).

Daily direct courses: short, middle, long. Entries on race site.

If very few entries, we will merge the classes.

Rental Si- card: 20 euro /week or 5 euro / day for +21y.o. + deposit of 30 euro.

10 euro /week or 3 euro / day for up to 20y.o. + deposit of 40 euro.

Prizes to winners on all stages and for the best 3 in each category overall.

For any info request, contact us at: [info@orienteering.it](mailto:info@orienteering.it)

**A more detailed program will be published on 30th March 2018.**

Vasto is easily reachable from many nearby airports, and is connected to Rome-Fiumicino airport with 5 daily runs of the public bus line.



**Stay with us and...  
follow the sun!**