



Bulletin 3: preliminary informations 15.10.2018

Invitation for National teams & international top-orienteers

MOC CAMP

18th to 21st March 2019

Head coach: Emil Wingstedt

**A great combination of 8th MOC Sprint Camp (18th to 21st Mar.)
and MOC Weekend (22nd to 24th Mar.)**

MOC Sprint Camp 18th - 21st March 2018 (Campania - south Italy)

- Mon 18th March: free training in Agropoli or possibility to run on the beach
- Tue 19th March: organised sprint competitions in Trentinara and Roccadaspide
- Wed 20th March: Castelcivita – downhill training with extra trainings in Trentinara and Roccadaspide
- Thu 21st March: Knock-out finals in Santa Maria and Castellabate

MOC Weekend competitions:

- Fri 22nd March: MOC week end stage 1 in Ascea, sprint in city centre
- Sat 23rd March: MOC week end stage 2 in Paestum, sprint/middle in Archeological Park
- Sun 24th March: MOC week end stage 3 in Benevento, sprint in city centre

All maps mapped ISSOM



Photo:
MOC winners 2017

Event centre MOC sprint camp 2019: Hotel Cerere (hotel and apartments)
<http://www.hotelcerere.com>

PRICES:

ACCOMMODATION MOC TRAINING CAMP:

Package A

in self-catered apartment: euro 292/person*

4 nights in apartments with kitchen from 17th to 21st March 2019, + training camp entry fee,
Max 21 apartments for 4 people each available.

*price for the usage of the apartment for 4 people. If less than 4 people, price will be re-calculated on request.

Package B

If you wish to stay longer and join the MOC Weekend: accommodation 7 nights in self-catered apartment (17th-24th March 2018): euro 350/person including entry fee to training camp and entry fee to MOC Weekend.

Package C

in hotel: euro 392/person**

4 nights in hotel with breakfast (room with 2 beds) from 17th to 21st March 2019 + training camp entry fee

Package D

If you wish to stay longer and join the MOC Weekend: accommodation 7 nights in hotel with breakfast (17th-24th March 2018), euro 497/person including entry fee to training camp and entry fee to MOC Weekend.

**price for the usage of the room for 2 people. If less/more than 2 people, price will be re-calculated on request.

Possibility to buy meals at agreed prices directly at Hotel Cerere:

Light lunch euro 12/person (first course, vegetable, bread, water)

Dinner with first+second course+vegetable, dessert or fruit, bread and water euro 18/person

Please book and pay your meals directly to the hotel.

The prices above mentioned are valid for registrations within 30th November 2018.

The prices will be increased of euro 10/person per person for registration within 31st Dec 2018

The prices will be increased of euro 20/person per person for registration within 31st Jan 2019

Link for registration: <https://www.orientering.it/iscrizioni/?evid=1161>

MOC Weekend prize money

Overall Winner MW21	500€
Overall 2° place MW21	350€
Overall 3° place MW21	250€
Overall 4° place MW21	200€
Overall 5° place MW21	150€
Overall 6° place MW21	50€

And we remind....**Prize money MOC Championship in Malta (15th-17th March)****Overall winners**

Overall Winner MW21	750€
Overall 2° place MW21	500€
Overall 3° place MW21	250€

Winners MW21 of stage 1 - Friday will win a MILA Lamp

Bulletin for MOC Championship at:

https://www.orienteering.it/wp-content/uploads/2018/10/Bulletin2_MOCChampionship2019.docx.pdf

Medical certificate needed! Find template here:

<https://www.orienteering.it/wp-content/uploads/2018/09/certificate1.pdf>

Info MOC Camp 2017: Gabriele Viale – viale@orienteering.it; mob. +39 338 6138508 - www.orienteering.it