

Pl	Stno	Name	YB	Club	Nat	S1	S2	S3	S4	S5	Time					
M21 (5)																
1	4	Dmitry Zhitukhin	RUS	RUS		24:29	1	14:10	1	33:29	1	19:23	1	13:04	1	1:44:35
2	2	Samuel Imhof	SUI	SUI		27:55	3	16:30	3	44:18	3	21:52	3	14:16	2	2:04:51
3	1	Michal Srubar	CZE	CZE		31:10	5	18:11	4	45:47	4	22:59	4	14:29	3	2:12:36
	5	Erik Rytter Jakobsen	NOR	NOR		30:06	4	20:00	5	mp		23:33	5	15:35	4	
	3	Beat Zimmermann	SUI	SUI		26:47	2	15:16	2	42:14	2	21:06	2			
M40 (6)																
1	8	Johan Michelsen	NOR	NOR		26:02	2	15:34	1	31:50	1	20:39	1	14:09	2	1:48:14
2	7	Jørn Sundby	NOR	NOR		25:30	1	16:20	2	32:38	2	21:54	2	14:23	3	1:50:45
3	6	Christian Holmboe	NOR	NOR		28:31	3	16:24	3	42:58	3	21:57	3	13:43	1	2:03:33
4	9	Terje W. Pettersen	NOR	NOR		32:04	4	20:46	4	45:08	4	24:36	4	16:24	5	2:18:58
	10	Jesper Melin Ganc-Petersei	NOR	NOR		32:40	5	22:12	6	mp		25:31	5	15:42	4	
	11	Bernhard Zürcher	SUI	SUI		34:43	6	21:55	5	58:41	5	27:13	6			
M50 (12)																
1	20	Simon Sandgren	SWE	SWE		27:18	1	14:00	1	32:00	3	17:32	1	14:01	1	1:44:51
2	16	Klas Nilsson	SUI	SUI		31:04	3	15:20	2	31:02	1	19:42	4	17:05	5	1:54:13
3	12	Lars Klogborg	DEN	DEN		32:14	4	16:46	4	33:51	4	19:59	6	18:20	10	2:01:10
4	19	Roger Østvold	NOR	NOR		30:56	2	19:07	8	39:44	6	24:53	8	16:39	4	2:11:19
5	14	Michael Termansen	DEN	DEN		35:40	7	18:56	7	38:53	5	19:46	5	18:07	7	2:11:22
6	15	Harald Lipphart-Kirchmeir	AUT	AUT		34:35	5	20:17	10	41:00	8	21:30	7	16:19	2	2:13:41
7	13	Peter R. Pallesen	DEN	DEN		38:25	9	17:28	6	44:44	12	19:38	3	16:21	3	2:16:36
8	22	Mikael Söderström	SWE	SWE		41:47	10	20:17	10	42:53	10	28:48	9	19:52	11	2:33:37
9	23	Tore Sandem	NOR	NOR		41:48	11	20:12	9	44:36	11	30:35	10	18:08	8	2:35:19
	18	Per Mattias Gustafsson	SWE	SWE		42:00	12	17:07	5	41:32	9	18:47	2	mp		
	21	Tony Dalebrand	SWE	SWE		35:36	6	16:29	3	31:18	2	mp		18:04	6	
	27	Søren Dall	DEN	DEN		37:10	8	22:35	12	40:30	7	mp		18:09	9	
M55 (4)																
1	17	Helge Stubberud	NOR	NOR		34:33	2	15:26	1	32:23	2	22:10	1	16:37	3	2:01:09
	24	Mikael Sundqvist	SWE	SWE		33:16	1	15:42	2	31:34	1	mp		15:15	1	
	25	Øyvind Kolstad	NOR	NOR		41:27	3	24:22	4	mp		22:48	2	18:56	4	
	26	Svend Saxe Frøshaug	NOR	NOR		42:17	4	18:10	3	mp		25:49	3	16:33	2	
M60 (6)																
1	31	Lars Lönnkvist	SWE	SWE		24:19	1	20:58	4	24:14	1	15:11	1	11:31	1	1:36:13
2	29	Harald Hovi	NOR	NOR		32:59	3	18:12	3	30:47	3	17:15	2	13:16	2	1:52:29
3	33	Johan Berglund	SWE	SWE		31:20	2	18:10	2	54:51	5	18:54	4	13:49	3	2:17:04
4	30	Tomas Vångell	SWE	SWE		39:48	4	26:34	6	34:24	4	22:01	5	18:01	5	2:20:48
5	141	Jiri Pech	CZE	CZE		57:37	5	26:23	5	1:00:57	6	30:54	6	23:25	6	3:19:16
	32	Ulu Aeschlimann	SUI	SUI		mp		15:06	1	27:01	2	17:56	3	15:01	4	
M65 (9)																
1	39	Res Rey	SUI	SUI		32:33	2	17:54	5	35:27	2	21:53	1	12:01	1	1:59:48
2	37	Jouko Nurminen	FIN	FIN		37:42	4	15:55	3	40:17	5	23:38	3	12:37	4	2:10:09
3	34	David Rosen	GBR	GBR		43:56	5	19:16	6	58:37	7	30:50	4	18:49	6	2:51:28
4	38	Anders Bjørkaas	SWE	SWE		47:40	6	21:19	7	56:29	6	31:41	5	19:28	7	2:56:37
	35	Øyvind Fadum	NOR	NOR		mp		14:06	1	36:35	3	22:35	2	13:32	5	
	40	Jarmo Vainio	FIN	FIN		32:15	1	16:24	4	36:54	4	mp		12:14	2	
	41	Mats Hemström	SWE	SWE		36:17	3	14:16	2	34:55	1	mp		12:19	3	
	42	Roger Stigsson	SWE	SWE		54:51	7	28:31	9	mp		32:25	6	22:17	9	
	36	Peter Koolmeister	SWE	SWE				26:10	8	mp		34:24	7	19:32	8	
M70 (8)																
1	45	Weine Fredriksson	SWE	SWE		28:58	1	17:48	1	26:17	1	18:06	1	13:13	1	1:44:22
2	48	Øyvind Egeskog	NOR	NOR		36:16	2	20:33	3	36:26	3	21:51	4	13:44	3	2:08:50
3	47	Yngve Pettersson	SWE	SWE		40:36	5	24:27	6	32:06	2	20:35	3	14:33	4	2:12:17
4	44	Per Gustavsson	SWE	SWE		37:46	3	24:19	5	37:56	4	25:38	6	14:36	5	2:20:15
5	43	Göran Levinson	SWE	SWE		45:50	6	22:34	4	51:42	8	25:22	5	16:27	6	2:41:55
6	49	Bård Stang	NOR	NOR		40:32	4	33:05	7	47:55	6	33:16	7	17:42	8	2:52:30
7	50	John Ivar Kjellevold	NOR	NOR		1:01:51	7	33:55	8	50:27	7	35:45	8	16:57	7	3:18:55
	46	Geir Trøan	NOR	NOR		mp		18:24	2	46:04	5	20:01	2	13:31	2	
M75 (5)																
1	55	Sven Erik Forsell	SWE	SWE		49:31	1	31:59	3	47:58	2	29:02	3	25:10	3	3:03:40
2	56	Arne Grøndahl	DEN	DEN		1:06:04	3	45:05	4	1:21:42	3	40:43	4	26:59	4	4:20:33
	51	Per Frank Henriksen	DEN	DEN		mp		22:18	1	38:08	1	26:14	1	17:14	2	
	53	Øystein Madsen	NOR	NOR		mp		27:50	2	mp		27:01	2	17:01	1	
	54	Arne Øfsthus	NOR	NOR		54:21	2	mp		mp		55:20	5	48:54	5	

Pl	Stno	Name	YB	Club	Nat	S1	S2	S3	S4	S5	Time					
M80 (2)																
1	57	Tor Drage	NOR	NOR		1:00:34	1	40:03	2	57:57	2	34:00	1	22:38	2	3:35:12
	58	Bjørn Gunnerød	NOR	NOR		mp		32:09	1	52:33	1	52:43	2	18:53	1	
W21 (6)																
1	102	Kseniia Penzina	RUS	RUS		27:20	2	14:10	1	33:29	1	16:49	1	13:34	1	1:45:22
2	103	Veronika Kalinina	RUS	RUS		26:59	1	14:18	2	36:07	2	18:27	3	14:10	3	1:50:01
3	101	Ekaterina Vlasova	RUS	RUS		28:15	3	15:08	3	38:26	3	17:16	2	13:45	2	1:52:50
4	104	Camilla Mesiarkinova	CZE	CZE		40:22	5	26:21	5	1:00:44	5	29:28	6	19:42	4	2:56:37
	105	Christine Zimmermann	SUI	SUI		37:15	4	20:42	4	53:20	4	23:42	4			
	188	Giulia PWT	ITA	ITA				29:29	6			29:14	5	20:45	5	
W40 (6)																
1	114	Elin Bjerva	NOR	NOR		30:55	3	14:07	1	30:13	2	18:00	1	15:05	1	1:48:20
2	113	Linda Nordin	SWE	SWE		28:59	1	16:23	2	27:53	1	18:30	2	16:59	4	1:48:44
3	106	Jette Bredvig Klogborg	DEN	DEN		30:27	2	19:41	3	34:06	3	19:51	3	16:15	2	2:00:20
4	111	Hanne Marthe Østvold	NOR	NOR		46:03	5	20:51	5	41:42	4	25:04	6	18:59	5	2:32:39
5	112	Kirsten Gjermstad	NOR	NOR		40:33	4	20:23	4	1:04:35	6	22:03	4	16:37	3	2:44:11
	107	Marianne Michelsen	NOR	NOR				22:03	6	50:11	5	23:46	5	19:37	6	
W45 (7)																
1	108	Annika Ivarsson	SWE	SWE		28:59	1	14:42	1	30:54	1	17:50	1	14:44	1	1:47:09
2	110	Ellen Birgitte Gustafsson	NOR	NOR		39:01	2	21:08	3	50:03	3	20:28	3	17:27	2	2:28:07
3	115	AnneMia Olsen	NOR	NOR		44:27	4	24:42	5	1:40:08	6	27:07	5	24:31	4	3:40:55
	109	Kristina Ljunggren	SWE	SWE		mp		16:39	2	44:39	2	20:00	2	17:38	3	
	118	Anna Söderström	SWE	SWE		mp		22:59	4	1:01:59	4	26:36	4	25:19	5	
	63	Katinka E Grønli	NOR	NOR		52:13	5	32:13	6	1:12:07	5	30:29	6			
	117	Joanna Ganc-Petersen	NOR	NOR		41:50	3	38:49	7			41:15	7	27:26	6	
W50 (15)																
1	132	Nora Skauen	NOR	NOR		34:06	1	13:43	1	37:53	1	19:57	1	14:33	1	2:00:12
2	125	Inger Gustas	SWE	SWE		39:53	3	18:55	7	40:45	2	22:11	3	15:21	3	2:17:05
3	61	Merethe Andersen	NOR	NOR		43:50	8	19:44	10	41:14	3	25:21	9	15:44	4	2:25:53
4	127	Anna Kullberg	SWE	SWE		41:44	6	19:58	11	50:20	6	25:21	9	17:32	7	2:34:55
5	131	Monica Sandgren	SWE	SWE		48:23	10	18:15	6	53:24	7	24:16	8	18:12	9	2:42:30
6	120	Helle Termanen	DEN	DEN		44:19	9	17:00	3	59:01	8	25:35	12	18:22	10	2:44:17
7	130	Susanna Pyökäri	FIN	FIN		48:25	11	23:49	14	44:13	5	33:05	15	20:05	12	2:49:37
8	116	Corinne Stäuble	SUI	SUI		40:25	4	17:18	4	1:15:11	15	22:52	5	14:47	2	2:50:33
9	121	Elisabeth Kirchmeir	AUT	AUT		53:53	14	16:02	2	1:04:46	13	22:24	4	17:19	6	2:54:24
10	133	Solveig Kongsrud	NOR	NOR		53:08	13	18:55	7	1:02:10	10	26:56	13	17:03	5	2:58:12
11	129	Mette Spangberg	NOR	NOR		49:23	12	19:33	9	1:03:16	11	27:27	14	19:42	11	2:59:21
12	126	Lena Strömbäck	SWE	SWE		54:16	15	27:01	15	1:14:34	14	23:47	7	17:56	8	3:17:34
	119	Ulla R. Pallesen	DEN	DEN		39:12	2	22:06	13	1:02:08	9	23:39	6	mp		
	124	Ann-Charlotte Borg	SWE	SWE		43:24	7	20:18	12	41:27	4	25:29	11	mp		
	134	Judith Zürcher	SUI	SUI		41:03	5	17:40	5	1:03:58	12	21:34	2			
W55 (10)																
1	137	Anna-Karin Sundqvist	SWE	SWE		32:25	1	16:29	1	37:33	3	20:09	3	14:17	1	2:00:53
2	135	Pia Vångell	SWE	SWE		36:44	2	18:13	3	35:54	1	21:29	6	15:35	4	2:07:55
3	122	Guri Alm	DEN	DEN		39:25	4	19:47	5	37:00	2	21:02	5	15:45	5	2:12:59
4	136	Päivi Annila	FIN	FIN		39:54	5	19:36	4	40:24	4	20:55	4	14:58	3	2:15:47
5	186	Candotti Claudia	ITA	ITA		43:59	7	16:54	2	53:25	8	18:28	1	14:25	2	2:27:11
6	123	Iva Pechova	CZE	CZE		40:00	6	21:17	6	48:09	7	23:50	7	16:49	6	2:30:05
7	185	Piffer Maria	ITA	ITA		38:12	3	29:19	10	56:16	9	19:50	2	16:59	7	2:40:36
8	138	Ingrid Nermoen	NOR	NOR		50:00	8	25:23	8	43:04	5	26:45	9	17:32	8	2:42:44
9	139	Elena Lippert	KAZ	KAZ		52:06	9	23:08	7	46:18	6	25:44	8	19:37	9	2:46:53
10	128	Helena Stubberud	SWE	SWE		52:15	10	27:10	9	1:03:55	10	31:17	10	32:26	10	3:27:03
W60 (3)																
1	142	Grete Borge Hovi	NOR	NOR		32:26	1	16:46	2	41:38	1	23:38	1	13:25	2	2:07:53
2	143	Barbro Lönnkvist	SWE	SWE		37:04	2	15:38	1	46:21	2	24:14	2	13:12	1	2:16:29
3	140	Lise Nielsen	DEN	DEN		45:45	3	20:59	3	1:05:10	3	31:00	3	19:17	3	3:02:11
W65 (9)																
1	147	Ulla Engelby	SWE	SWE		30:21	1	19:29	2	50:41	4	19:32	1	13:24	4	2:13:27
2	149	Mary Healy	IRL	IRL		51:48	7	20:37	4	40:48	2	19:45	2	13:20	3	2:26:18
3	144	Susanne Berglund	SWE	SWE		37:57	2	19:32	3	46:00	3	30:25	8	12:39	1	2:26:33
4	152	Rhona Fraser	GBR	GBR		40:04	4	23:35	5	53:32	5	19:54	3	16:50	5	2:33:55
5	146	Eija Nurminen	FIN	FIN		47:31	5	27:23	7	1:12:18	6	27:49	7	19:53	8	3:14:54
	148	Ester Anna Marga Johanss	SWE	SWE		mp		18:16	1	33:45	1	20:55	4	13:02	2	
	150	Helena Hemström	SWE	SWE		39:12	3	25:00	6	mp		24:39	5	18:50	7	
	151	Maria Gustavsson	SWE	SWE		51:46	6	47:54	9	mp		30:48	9	23:15	9	
	187	Turri Luisella	ITA	ITA		54:56	8	27:23	7			25:44	6	18:06	6	

PI	Stno	Name	YB	Club	Nat	S1	S2	S3	S4	S5	Time					
W70 (9)																
1	159	Turid Nystrøm	NOR	NOR		35:33	2	17:59	1	32:52	1	21:00	1	14:46	2	2:02:10
2	153	Inger Marie Haahr	DEN	DEN		35:06	1	23:15	4	41:40	6	23:00	3	15:59	3	2:19:00
3	154	Miriam Rosen	GBR	GBR		38:51	4	18:44	3	47:45	7	21:11	2	14:08	1	2:20:39
4	158	Inga Lill Pettersson	SWE	SWE		39:28	5	29:33	8	38:51	4	32:16	8	17:49	4	2:37:57
5	160	Britt Forsell Pirozzi	SWE	SWE		37:06	3	28:01	6	56:14	8	24:17	4	24:23	9	2:50:01
6	156	Marit F. Vågsnes	NOR	NOR		42:11	7	28:29	7	38:21	3	42:45	9	22:05	7	2:53:51
7	155	Sissel Olaisen	NOR	NOR		58:04	8	25:42	5	38:59	5	30:12	6	21:04	5	2:54:01
	157	Marta Stang	NOR	NOR		1:08:19	9			37:13	2	28:58	5	21:50	6	
	161	Siri E Holmboe	NOR	NOR		40:22	6	18:25	2			30:32	7	23:47	8	
W75 (3)																
1	163	Eleonor Grönvall	SWE	SWE		42:20	1	24:55	1	36:41	1	28:05	1	31:47	3	2:43:48
	162	Anne Lise Øfsthus	NOR	NOR		43:46	2	mp		50:59	2	29:28	2	24:20	2	
	164	Margrit Tantanini	SUI	SUI		55:15	3	30:00	2	mp				20:22	1	
W80 (2)																
1	165	Unni Drage	NOR	NOR		40:22	1	33:26	1	38:43	1	30:42	1	15:22	1	2:38:35
2	166	Birgitta Mägi	SWE	SWE		1:13:30	2	49:28	2	1:02:15	2	36:19	2	22:32	2	4:04:04
M10 (2)																
1	69	Sindre Nikolai Holmboe	NOR	NOR		18:13	2	18:31	2	23:14	1	16:18	1	18:39	2	1:34:55
	73	Emil Melin Ganc-Petersen	NOR	NOR		9:59	1	10:01	1	24:19	2	mp		15:09	1	
M12 (4)																
1	76	Jarand Gustafsson	NOR	NOR		7:13	1	7:14	1	11:56	2	7:02	1	9:24	1	42:49
2	74	Noah Bredvig Klogborg	DEN	DEN		8:16	3	8:20	3	11:59	3	7:27	2	9:49	2	45:51
3	75	Mikkel Michelsen	NOR	NOR		7:35	2	8:07	2	14:23	4	9:01	4	10:35	4	49:41
4	77	Ola G. Pettersen	NOR	NOR		9:56	4	9:49	4	11:29	1	9:00	3	9:49	2	50:03
M14 (2)																
1	81	Alexander Melin Ganc-Pete	NOR	NOR		38:46	1	23:34	2	42:47	1	25:54	2	16:52	1	2:27:53
2	78	Lasse Bredvig Klogborg	DEN	DEN		1:06:52	2	18:35	1	1:40:38	2	21:31	1	17:20	2	3:44:56
M16 (1)																
1	82	Elias Stubberud	NOR	NOR		29:15	1	18:10	1	46:23	1	19:35	1	15:41	1	2:09:04
W12 (1)																
1	167	Emma Aune Rytter Jakobse	NOR	NOR		9:34	1	9:56	1	14:06	1	8:35	1	11:15	1	53:26
W14 (7)																
1	169	Anne Lise Østvold	NOR	NOR		41:26	3	14:50	1	43:45	2	22:06	1	12:07	1	2:14:14
2	171	Martine G. Pettersen	NOR	NOR		43:42	5	17:14	5	39:42	1	26:23	4	12:40	2	2:19:41
3	168	Malin Michelsen	NOR	NOR		37:26	1	17:01	4	56:47	6	24:56	2	15:35	6	2:31:45
4	172	Julia Abaji	SWE	SWE		41:58	4	21:01	6	53:28	4	29:14	6	14:43	4	2:40:24
5	173	Hedda Kind Kjellevold	NOR	NOR		50:18	7	16:31	3	53:16	3	26:59	5	15:34	5	2:42:38
6	174	Annabel Aunmo Kjellevold	NOR	NOR		40:49	2	26:21	7	53:41	5	25:58	3	15:57	7	2:42:46
7	170	Hanna Spangberg	NOR	NOR		46:54	6	15:04	2	57:45	7	29:51	7	14:30	3	2:44:04
W16 (6)																
1	178	Mille V. Jægtvik	NOR	NOR		28:28	2	13:30	1	28:39	1	15:42	1	12:04	1	1:38:23
2	176	Ingvild Gustafsson	NOR	NOR		31:35	3	16:32	3	36:16	2	17:04	2	13:45	2	1:55:12
3	179	Thea Nordin Abaji	SWE	SWE		28:14	1	17:12	5	42:29	4	17:52	5	14:40	4	2:00:27
4	177	Hedda Spangberg	NOR	NOR		33:53	4	15:40	2	40:26	3	17:16	3	13:46	3	2:01:01
5	83	Sigrid Nermoen	NOR	NOR		34:36	5	16:48	4	43:15	5	17:17	4	15:20	5	2:07:16
	175	Marielle Michelsen	NOR	NOR				26:15	6	mp		21:52	6	19:25	6	
W18 (5)																
1	183	Stella Maria Holmboe	NOR	NOR		32:02	1	19:07	1	51:04	2	21:10	2	15:31	1	2:18:54
2	182	Ida Bolette Enerhaugen	NOR	NOR		37:21	2	20:31	3	55:42	3	26:19	4	17:35	3	2:37:28
3	184	Adine Blekkestad Ingesen	NOR	NOR		41:24	4	26:07	4	1:16:11	4	26:30	5	23:13	5	3:13:25
	181	Iris Holst	NOR	NOR		mp		20:13	2	49:00	1	24:55	3	17:33	2	
	180	Live Østvold	NOR	NOR		39:18	3					21:02	1	17:42	4	
Open S (6)																
1	66	Kjetil Spangberg	NOR	NOR		36:23	1	22:30	1	37:24	2	21:32	1	20:17	4	2:18:06
2	65	Rahel Tantanini	SUI	SUI		37:07	2	27:15	4	38:57	3	23:25	2	15:53	3	2:22:37
3	59	Elisabeth Aune Jakobsen	NOR	NOR		44:36	3	25:16	3	34:04	1	27:18	4	15:21	2	2:26:35
	80	Einar Østvold	NOR	NOR				22:30	1	57:47	4	23:58	3	12:36	1	
	67	Lena Christina E Levinson	SWE	SWE				mp				46:13	6	26:56	5	
	68	Eva Nordin	SWE	SWE								44:42	5			

Pl	Stno	Name	YB	Club	Nat	S1	S2	S3	S4	S5	Time					
Open M (5)																
1	62	Lars Tykaer Jensen	DEN	DEN		41:34	2	15:42	1	49:43	2	23:10	1	16:34	1	2:26:43
2	64	Anna Ljusberg	SWE	SWE		50:34	3	18:12	2	52:10	3	25:07	3	16:58	2	2:43:01
	60	Carolin Bischlager	SUI	SUI		mp		27:48	3			23:12	2	16:58	2	
	84	Jacqus Hofmans	BEL	BEL		36:52	1			43:43	1					
	85	Jenny Buelens	BEL	BEL		1:00:48	4			1:16:21	4					
Kids (3)																
1	70	Mathias Sundby	NOR	NOR		14:43	1	3:34	2	13:53	3	5:14	2	6:02	3	43:26
	71	Julie Bye Olsen	NOR	NOR				3:37	3	12:12	2	7:41	3	4:40	2	
	72	Ella Aune Rytter Jakobsen	NOR	NOR				3:25	1	10:35	1	4:26	1	3:41	1	