



FEDERAZIONE  
ITALIANA  
SPORT  
ORIENTAMENTO  
DELEGAZIONE  
SARDEGNA

# Sardinia



## October 2019



Choose the week! Week 40, week 41 and week 44



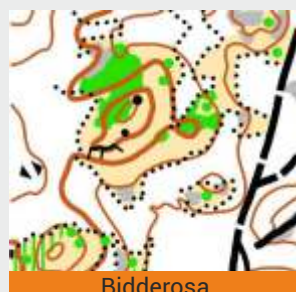
Photos of event center:  
Nice accommodation with beach and swimming pool



Cuglieri



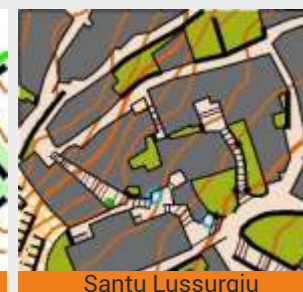
Is Arena



Bidderosa



Is Benas



Santu Lussurgiu

**WEEK 40**

**Sat 28 Sept:** Arrival  
**Sun 29 Sept:** FUN-O race in Horse country resort (in the afternoon).  
 Opening ceremony /official welcome  
**Mon 30 Sept:** IS ARENAS: forest, stage 1, first start 15.30  
**Tue 1 Oct:** Cuglieri historical center - stage 2. First start 16.30  
**Wed 2 Oct:** Bidderosa/Orosei stages 3<sup>^</sup> e 4<sup>^</sup>, one stage in forest and one stage in historical centre  
**Thu 3 Oct:** Rest day: trip options, historical and cultural plus wine/food tasting  
**Fri 4 Oct:** Oristano historical center - stage 5 and special ending with wine/food tasting and local dancer. Overall Prize giving ceremony 12.00  
**Sat 5 Oct:** Departures

**WEEK 41**

**Sun 6 Oct:** FUN-O race in Horse country resort (in the afternoon).  
 Opening ceremony /official welcome  
**Mon 7 Oct:** Marina di Arborea forest - stage 1. First start 15.30  
**Tue 8 Oct:** Oristano/Torre Grande historical center - stage 2, first start 16.30  
**Wed 9 Oct:** Bidderosa/Galtelli stages 3<sup>^</sup> e 4<sup>^</sup>, one stage in forest and one stage in historical centre  
**Thu 10 Oct:** Rest day: trip options, historical and cultural plus wine/food tasting  
**Fri 11 Oct:** Santu Lussurgiu - historical center - stage 5 and special ending with wine/food tasting and local dancer. Overall Prize giving ceremony 12.00  
**Sat 12 Oct:** Departures

**WEEK 44**

**Sun 27 Oct:** FUN-O race in Marina di Arborea (in the afternoon).  
 Opening ceremony / official welcome  
**Mon 28 Oct:** Horse country resort forest - stage 1. First start 15.30  
**Tue 29 Oct:** Oristano Torre Grande historical center – stage 2, first start 16.30  
**Wed 30 Oct:** Is Arenas / Santu Lussurgiu stages 3<sup>^</sup> e 4<sup>^</sup>, one stage in forest and one in hist. centre  
**Thu 31 Oct:** Rest day: trip options, historical and cultural plus wine/food tasting  
**Fri 1 Nov:** Oristano historical center - stage 5 and special ending with wine/food tasting and local dancer. Overall Prize giving ceremony 12.00  
**Sat 2 Nov:** Departures

Event centre: Horse country in Arborea-Oristano (www.horsecountry.it)

**\*Attention! Entries are only open to those choosing one of our accommodation packages!**

More info on accommodation packages on [www.orienteering.it](http://www.orienteering.it) or through our travel agencies partners below.

For special request, contact us at [info@orienteering.it](mailto:info@orienteering.it)

Official website: [www.orienteering.it](http://www.orienteering.it)  
[info@orienteering.it](mailto:info@orienteering.it)

# Sardinia



## October 2019

### SIDE ACTIVITIES

For orienteers and non-orienteers  
Cheese and wine tasting tours  
Yoga, Hiking and touristic tours

### Entry deadlines\*

10th Jan 2019 - 90€  
 10th Apr 2019 - 110€  
 10th Aug 2019 - 130€  
 10th Sep 2019 - 150€  
 From 11th Sep - 180€

### Work volunteers!

We are looking for work volunteers during the weeks 40, 41 and 44 in Sardinia!  
You can help according to your skills, and still run your race starting as last!



4.000 years of history  
archeological site of Nuraghe Losa



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